



Family Support Guide 2026

A Guide to Services & Supports in the Bronx

Resources for individuals, families, and caregivers

Developed by
The Bronx Individual & Family Support Committee

ACKNOWLEDGEMENTS PAGE

MISSION STATEMENT

Our mission is to disseminate, educate, and promote relationships with family members, advocates, and people with intellectual and developmental disabilities in an open forum setting, in order to share pertinent state, city, and local information and its impact on their lives.

About the Bronx Individual and Family Support Committee

The Bronx Individual and Family Support Committee was formed through the merger of the Bronx Individual and Family Support Committee and the Bronx State Advisory Council to expand membership, expertise, and shared knowledge for families and professionals.

Our goals are to:

- Advocate for the needs and priorities of families and individuals with intellectual and developmental disabilities
- Help families access a broad range of supports, services, and community resources
- Promote the well-being and quality of life of children and adults with disabilities and their families

About This Guide

This directory is intended to help families identify possible supports and services for children and adults with disabilities in the Bronx. It shares information in one place gathered from community partners and families to support navigation across systems.

Access to many programs requires eligibility through the New York State Office for People with Developmental Disabilities (OPWDD). Families can learn more about eligibility and how to get started through [OPWDD's Front Door](#) process or by contacting OPWDD's toll-free Information Line at 866-946-9733 (voice) or 866-933-4889 (TTY).

The information in this directory is provided for general guidance and family support. Services, eligibility, and availability may change over time, and families are encouraged to contact programs directly for the most current information.

Disclaimer

Inclusion in this directory does not constitute an endorsement of any specific program by the Bronx Individual & Family Support Committee.

Bronx Individual and Family Support Committee

Committee Contact Information

For more information about the Bronx Individual and Family Support Committee, please contact one of the committee members:

- ✉ Nellie Vélez – MagicNel1@aol.com
- ✉ Edie Dominic-Weber – Edie.Weber@ahrcnyc.org
- ✉ Diane Santiago-Rodríguez – Diane.Santiago777@gmail.com
- ✉ Tina Veale – BxFsac@gmail.com
- ✉ Miriam Franco – Miriam.Franco@einsteinmed.edu

Special Thanks

We sincerely thank our President, Joanne F. Siegel, along with our event hosts and moderators, keynote speakers, panelists, elected officials, community partners, and guests for their ongoing support of the Bronx Individual and Family Support Committee's programs, advocacy efforts, and work in the community.

Committee Members

- Yiranny Almonte - The Center for Family Support
- Enrique Colon - Advocate
- Miriam Franco - Rose F. Kennedy Center LEND/UCEDD
- Nina Gritsay - OPWDD
- Laverne Hamilton - Parent Advocate
- Kpana Kpoto - IncludeNYC
- Erin Lamb - Gateway
- Lili Lopez - NY Connect
- Crystal Mamby - OPWDD Region 4
- Nadine McNeil - Parent Advocate
- Elvira Medina - Parent Advocate
- Miluska Salas - Parent Advocate
- Diane Santiago - Rodriguez-Co-Chair
- Natasha Serrano - AHR
- Diane Frazier-Smith - Parent Advocate
- Tina Veale - Co-Chair
- Nellie Velez - Co-chair
- Edie Weber - Co-Chair
- Rocio Zumaya - Parent Advocate

Guide Development Collaboration

This guide was developed in collaboration with the Bronx Developmental Disabilities Council and Rose F Kennedy University Center for Excellence in Developmental Disabilities (RFK UCEDD) at Einstein/Montefiore.

Adult Programs

The programs and services below are available to students ages 13–21 transitioning from the Department of Education and to individuals eligible for OPWDD services. If no age range is listed, services are for individuals 21 and older

| Organizations | Contact Information | Services |
|---|---|---|
| <p>ADAPT Community Network adaptcommunitynetwork.org</p> | <p>877 827 2666 Day Hab 212 683 6700 ext 1125 kliebman@adaptcommunitynetwork.org 212 683 6700 ext 1121 flopez@adaptcommunitynetwork.org Supplemental Day Hab 646 625 5000 ext 5015 corellana@adaptcommunitynetwork.org 718 436 7600 ext 345 aangevine@adaptcommunitynetwork.org Supported Employment 718 442 6006 kbuchanan@adaptcommunitynetwork.org 929 379 0454 ext 4014 hwoods@adaptcommunitynetwork.org</p> | <p>Day Habilitation site based and without walls Supplemental Day Habilitation Supported Employment SEMP Community based activities Transportation available Ages 18+ OPWDD eligible</p> |
| <p>AHRC NYC ahrcnyc.org</p> | <p>212 780 2690 212 780 4491 Referrals@ahrcnyc.org</p> | <p>Group Day Habilitation with Traumatic Brain Injury Day Habilitation Without Walls Group Day Habilitation Group Day Habilitation Without Walls College Campus Adult Day Programs Work Readiness Programs Supported Employment</p> |
| <p>Angels Unaware Inc angelsunawareny.com</p> | <p>718 410 7406 Email: Angels@angelsunaware.com</p> | <p>Group Day Habilitation Ages 13+</p> |
| <p>The Arc Westchester arcwestchester.org</p> | <p>914 949 9300 info@arcwestchester.org 24 Hour Crisis Hotline 914 949 8200</p> | <p>Day Habilitation without walls Community Habilitation</p> |
| <p>Birch Family Services birchfamilyservices.org</p> | <p>Phone: 212 616 1800 Employment 917 890 5850 Misha.thomas@birchfamilyservices.org Community Residential 646 668 7371 John.agosto@birchfamilyservices.org Day Hab 929 297 2191 Deniz.altan@birchfamilyservices.org</p> | <p>SEMP Supported Employment ACCESS VR Prevocational Program Community Habilitation Residential Adult and Children Day Habilitation Adult Programs Ages 21+</p> |

| Organizations | Contact Information | Services |
|---------------|---------------------|----------|
|---------------|---------------------|----------|

Community Action for
Human Services Inc
cahsinc.org

718 655 7700

OPWDD Residential Services OPWDD
Day Habilitation Services Community
Residence Single Room Occupancy (CR
SRO) in partnership with NYC
Department of Homeless Services and
Office of Mental Health Transitional
Housing Programs

Constructive
Partnerships Unlimited
cpunlimited.org

Contact Nika Clark
nclark@cpofnys.org
212 947 5770
Supported Employment Contact M Lewis
mlewis@cpofnys.org
917 299 1069
Work Readiness Programs
Contact C Pagano
cpagano@cpofnys.org
Creative Lifestyles Division
CL@cpunlimited.org

Day Habilitation non ambulatory served
with transportation Residential Services
Community Habilitation Respite Metro
Rehabilitation Article 16 Services
Wheelchair Repair and Cleaning
Services Supported Employment Work
Readiness Programs Cardio Club Health
and Wellness Programming

Daybreak
Independent Services
Inc
daybreakis.org

718 704 5055
intake@daybreakis.org
Contact Jene Smith
718 704 5070

Day Habilitation site based and without
walls Ages 21+ Individualized Residential
Alternatives IRA Ages 21+ Community
Habilitation Ages 9+ Group Supplemental
Day Habilitation

Esperanza Center
esperanzacenter.com

212 928 5810
Day Habilitation Site Based ext 121
elindao@esperanzacenter.com
Day Habilitation Without Walls ext 142
mespinal@esperanzacenter.com

Day Habilitation site based located in
Washington Heights Day Habilitation
Without Walls

Gateway Counseling
Center
gccnyc.org

929 237 7222
Intake@gccnyc.org

Group Day Habilitation site based and
without walls Ages 19+ Bronx and Lower
Westchester Medicaid required
Supplemental Group Day Habilitation
Ages 19+ one on one community and
home based Non ambulatory individuals
served Door to door transportation Meals
provided Metro Card fare included Non
Emergency Medical Transportation

| Organizations | Contact Information | Services |
|--|--|--|
| <p>Goodwill Industries goodwillnynj.org</p> | <p>347 906 2556 LStilson@goodwillny.org 929 271 7919 Semp-Intakes@goodwillny.org 646 342 6731 Jasonramirez@goodwillny.org</p> | <p>Day Habilitation Without Walls Supported Employment SEMP Job Coaching and Training Employment placement and career advancement for individuals with Autism no OPWDD waiver services</p> |
| <p>Harris Hands Community Services Inc harrishands.org</p> | <p>718 766 9289 info@harrishands.org</p> | <p>Day Habilitation Supplemental Day Habilitation Tele Health Day Habilitation Services Pre Vocational Ages 18+</p> |
| <p>Hawthorne Foundation Inc hawthornefoundation.org</p> | <p>Contact Gail Nachimson 914 592 8526 ext 3000 gnachimson@hfadm.org</p> | <p>Medical Services Vocational Services Day Habilitation</p> |
| <p>Help On The Way hotwny.org</p> | <p>718 484 7810</p> | <p>Pre Vocational Services Supported Employment Day Habilitation Community Habilitation</p> |
| <p>Heritage Human Services Inc heritagehumanservices.org</p> | <p>718 629 3187 fngaedi@heritagehumanservices.org</p> | <p>Day Habilitation Without Walls Ages 18+</p> |
| <p>IAHD iahdny.org</p> | <p>914 220 4300 914 220 4313 gopazo@iahd.ny.org</p> | <p>Day Habilitation site based Day Habilitation without walls Day Habilitation for seniors Day Habilitation with transportation non ambulatory served</p> |
| <p>Inclusive Links Inc inclusivelinks.org</p> | <p>914 265 1505</p> | <p>Community Habilitation Day Habilitation Services in Westchester Bronx Manhattan Queens</p> |
| <p>Life Adjustment Center, Inc lifeadjustmentcenter.com lifeadjustmentcenter.com/lac-services-snapshot</p> | <p>646 943 2919 srobinson@lifeadjustmentcenter.com 917 645 8112</p> | <p>Day Habilitation with and without walls Community Habilitation. For Residential CRO package required</p> |

| Organizations | Contact Information | Services |
|--|--|---|
| <p>Lifespire lifespire.org</p> | <p>Contact Dwaine Rose drose@lifespire.org 718 892 7765 Wendy Schoenfeld wschoenfeld@lifespire.org 718 343 5112</p> | <p>Day Habilitation site based</p> |
| <p>Mercy Drive Inc mercydriveinc.org</p> | <p>718 275 9326 intake@mercydriveinc.org</p> | <p>Day Habilitation without walls and community based accessible with door to door transportation Ages 18+ Pre Vocational Services Work Readiness Programs Ages 18+</p> |
| <p>Modern Guidance Services modernguidanceservices.com</p> | <p>718 994 4617 ext 102 Masmit@mgsny.org</p> | <p>Day Habilitation with walls without walls Day Habilitation with transportation Ages 18+</p> |
| <p>Services for the Underserved sus.org</p> | <p>877 583 533 Email: services@sus.org</p> | <p>Day Habilitation site based without walls Supported Employment</p> |
| <p>Sinergia Inc sinergiany.org</p> | <p>Kenia Peralta Family Care Coordinator Incident Management kperalta@sinergiany.org 212 643 2840 ext 334 Intake Department 212 643 2840 ext 602 intake@sinergiany.org</p> | <p>Day Habilitation Employment services Residential Program Wheelchair accessible English and Spanish spoken</p> |
| <p>Social Action Center Inc socialactioncenterinc.com</p> | <p>718 654 1815 Tlindsay@socialactioncenterinc.com</p> | <p>Group Day Habilitation with transportation Adult After Day Habilitation</p> |
| <p>South East Bronx Neighborhood Center www.sebnc.org</p> | <p>718 665 8908 Dcaceres@sebnc.org</p> | <p>Day Habilitation with transportation Ages 21+ Day Habilitation with transportation and lunch provided Ages 18+</p> |
| <p>Special Citizens Futures Unlimited specialcitizens.org</p> | <p>212 643 2663</p> | <p>Day Services Respite Residential Programs Community Habilitation</p> |

| Organizations | Contact Information | Services |
|---------------|---------------------|----------|
|---------------|---------------------|----------|

Taconic Innovations
taconicinnovations.com

914 840 9179

Day Habilitation Services Day Habilitation Without Walls Supplemental Day Habilitation Individuals with Autism and Intellectual Disabilities Ages 20-65

The Center for Family Support
nhandy@cfsny.org

646 627 2655

Pre Vocational Services Ages 18+ Supported Employment

Unique People Services Inc
uniquepeopleservices.org

718 231 7711
klonettej@uniquepeopleservices.org

Day Habilitation Pre Vocational with transportation Supplemental Services Ages 18+

YAI
yai.org

212 273 6100
 212 273 6272
yai.org/getting-started

OPWDD eligibility Ages 21+ Day Habilitation Day Habilitation without walls Medical services through Premier HealthCare

QSAC Quality Services for the Autism Community
qsac.com

718 728 8476 ext 1222
Jnunez@qsac.com
 718 728 8476 ext 1233
Fkarim@qsac.com

Supplemental Day Habilitation Day Habilitation with and without walls with transportation Individuals over 8 years old diagnosed with Autism

OPWDD Metro Regional Office
opwdd.ny.gov

Bronx 718 430 0885
 Upper Hudson Valley 845 473 5050
 Lower Hudson Valley 845 947 6100
 Information Line 866 946 9733
info@opwdd.ny.gov
 Self Direction Region 3
SPS.R3.SD@opwdd.ny.gov
 Self Direction Region 4
SPS.R4.SD@opwdd.ny.gov

Developmental Disabilities Services Disability services and supports

Children Services

Children's services for ages 0 to 5, including preschool services for ages 3 to 5, educational programs, service coordination, home-based programs, and parent support

| Organizations | Contact Information | Services |
|---|--|--|
| Achieve Beyond Bilingual Inc. achievebeyondusa.com | 718 762 7633 ext 314 914 328 2868 718 886 8694 Fax | Speech & Language, PT, OT, ABA, SEIT, Ages 0-3, 3-5, 5-21 EI, CSE and CPSE |
| Autism Care Partners autismcarepartners.com | 718 769 2698 ext 309 | Center Based, ABA, Speech, DT, PT, SW, SI for ages 0-3 |
| Early Childhood Associates earlychildhoodassociates.org | 212 662-9200 | 0-3 Speech, OT, PT, developmental assessment Ages 3-5 Academic prep, play skills, social-emotional support |
| Hear Our Voices skhov.org info@skhov.org | 718 829 7744 | Home-based services, ABA services, Service coordination, family training, ages 3-5. No evaluations |
| Los Niños Services Inc info@losninos.com | 212 787 9700 914 593 0593 | Service coordination, home-based, OT, PT, ST, ABA ages 0-5 EI, ABA |
| Rose F. Kennedy at Montefiore | 718 839 7333 718 839 7334 | Developmental evaluations Diagnostic and clinical services Developmental pediatrics Neurology Psychiatry Ophthalmology Orthopedics ENT Primary care Special Care Dentistry Psychological testing Speech language Occupational therapy Physical therapy Audiology |
| St. Joseph's School For the Deaf sjsdny.org | 718 828 9000 ext 221 TTD 718 828 1671 | ST, PT, OT, counseling, parent support, education program, English, ASL, Transportation for Family Group Birth 0-3, Ages 3-5, Ages 5-14 (K-8) |

Pre-School Services

| Organizations | Contact Information | Services |
|---|--|--|
| <p>ADAPT Community Network adaptcommunitynetwork.org</p> | <p>718 652 9790 ext 6010 718 993 3458 718 547 9108 Fax Bellman@adapt.com</p> | <p>Center based full day preschool program, PT, OT SP, Nursing, Counseling, Social Work, Assistive Technology, Augmentative Communication, Computer, Adapted seating and positioning. Universal Integrated Pre-K also available. Ages 2.9-5</p> |
| <p>ADAPT Harry H. Gordon School adaptcommunitynetwork.org</p> | <p>718 367 5917</p> | <p>Center-based preschool including full day and half day classes ASD curriculum, UPK, integrated classes, PT, OT, ST Ages 3-5</p> |
| <p>Astor Day Treatment Program cparisi@astorservices.org</p> | <p>718 515 3000 718 231 3400 929 285 3917 347 949 0268</p> | <p>Center-based programs of severely, emotionally and behaviorally (12-month program) Related services: OT, PT, speech, intensive parent program and clinical services, counseling and clinical treatment for children and their families Ages 3-5</p> |
| <p>Early Childhood Associates ecamail.org</p> | <p>212 662 9200</p> | <p>CPSE, evaluations, SEIT, ST, OT, PT, IT and psychology. Ages 3-5</p> |
| <p>Easter Seals eastersealsny.org</p> | <p>718 409 4227 ext 233</p> | <p>Evaluations, center-based services, OT, PT, ST, social Ages 3-5</p> |
| <p>Herbert G. Birch Watson Ave Day Care Center birchfamilyservices.org</p> | <p>718 828 9400</p> | <p>Integrated preschool, PT, ST, OT, counseling, UPK English Ages 3-5</p> |
| <p>Howard Haber Early Learning Center ahrcnyc.org</p> | <p>718 409 1450 718 329 6985</p> | <p>Variety of classes sizes to Meet individual needs, OT, ST, PT, ABA, counseling, Nursing, Ages 2.9-5</p> |
| <p>Kennedy Children's Center kenchild.org</p> | <p>718 842 0200</p> | <p>OT, PT, ST, counseling Ages 3-5</p> |

| Organizations | Contact Information | Services |
|---|---|---|
| <p>LifeSkills Pre-School lifeskillspreschool.org</p> | <p>718 828 8462</p> | <p>Center-based full day, ST, OT, PT, counseling, parent groups, art, music therapy, yoga and sensory integration Ages 3-5</p> |
| <p>St. Dominic's Torch sdfs.org</p> | <p>718 828 8462</p> | <p>Therapeutic services, OT, ST, counseling Ages 2.9-5</p> |
| <p>Stepping Stone Day School steppingstonedayschool.com</p> | <p>718 554 2025 718 554 2035 Fax Contact Brook Abrams Babrams@steppingstonedayschool.org</p> | <p>Center-based, OT, PT, ST, social work, Psychologist Ages 3-5</p> |
| <p>These Our Treasures</p> | <p>718 863 4925 ext 15 Tots227@aol.com</p> | <p>Center based full day, UPK, evaluations, PT, OT, ST, counseling, parent workshops, English & Spanish Ages 0-3 (with a family group with transportation) Ages 3-5</p> |
| <p>Volunteers of America Bronx Early Learning Center voa-gny.org/service/bronx-early-learning-center</p> | <p>718 466 3580 718 466 2572</p> | <p>Center based full and integrated day, evaluations, PT, OT, ST, counseling, parent workshops and socialization. Ages 3-5</p> |
| <p>Westchester School for Special Children westchesterschool.org</p> | <p>914 376 4300</p> | <p>OT, PT, Counseling, Speech, behavioral support via IEP Ages 3-21</p> |

Articles 16 Clinics

Provide essential specialized services that help individuals with developmental disabilities remain in the least restrictive settings. These clinics offer comprehensive evaluations and therapies across multiple disciplines, making crucial services accessible that might be otherwise unavailable in the community.

| Organizations | Contact Information | Services |
|---|--|--|
| <p>AHRC NYC ahrcnyc.org/services/community/clinical-services</p> | <p>212 780 4491 Referrals@ahrcnyc.org</p> | <p>Psychological psychosocial and psychiatric evaluations Competency assessments Counseling OT PT Speech Nutrition Ages 5+</p> |
| <p>Constructive Partnerships Unlimited information@cpofnys.org</p> | <p>212 947 5770</p> | <p>Physical Therapy Speech Therapy Occupational Therapy Psychotherapy Psychological testing Article 16 clinic services</p> |
| <p>LifeSpire Inc. lifespire.org</p> | <p>718 721 5444 Kimberlyreynolds@lifespire.org</p> | <p>Medical OT PT Psychology Social Work and Speech Language Ages 18+</p> |
| <p>Rose F. Kennedy Center at Montefiore</p> | <p>718 839 7333 Fax: 718 892 1892 718 839 7002 Reimbursement information for Medicaid and other insurance inquiries</p> | <p>Provides developmental evaluations and diagnostic, therapeutic, and clinical services for infants, children, adolescents, and some adults Services include developmental pediatrics, specialty medical care, behavioral health, dental care, psychological testing, speech, occupational and physical therapies, and audiology evaluations</p> |
| <p>The Shield Institute shield.org/adults</p> | <p>718 299 7600 ext 3252 Emartinez@shield.org</p> | <p>Diagnostic evaluation and therapeutic services for children Ages 5+ and adults with autism and developmental disabilities</p> |
| <p>YAI yai.org/clinical-services/center-specialty-therapy</p> | <p>212 273 6100 ext 4998</p> | <p>Psychological and psychosocial evaluations Autism evaluations OT PT Speech Language Psychotherapy Nutrition Medicaid eligible</p> |

Articles 28 Clinics

Provide essential primary and specialty healthcare for individuals with intellect and developmental disabilities. These clinics offer comprehensive services helping people with disabilities access crucial medical care in a supportive environment.

| Organizations | Contact Information | Services |
|---|---------------------|--|
| ADAPT Community Network adaptcommunitynetwork.org/service-options | 718 993 3458 ext 2 | Adults Ages 18+ with disabilities Primary and specialty care Dentistry Podiatry Womens health Psychiatry Neurology Physiatriy Audiology Medicaid and Medicare required |
| Metro Community Health Center mchcnyc.org | 718 665 7565 | Provides comprehensive health care services including neurology, psychiatry and dentistry. |
| Morrisania Diagnostic & Treatment Center | 718 960 2991 | Developmental evaluations Pediatric neurodevelopmental Psychological Psychosocial Speech Language Physiatriy Neuromotor Occupational therapy evaluations and treatment Developmental follow up and case management |
| YAI yai.org/premier | 212 273 6272 | Multi service Psychiatry Medical Dental OT PT Speech Podiatry Ophthalmology Neurology Psychological evaluations Ages 5+ |

Advocacy

Championing the rights of individuals with intellect and developmental disabilities encompasses diverse initiatives designed to foster their inclusion and civic engagement within society.

| Organizations | Contact Information | Services |
|---|--|--|
| <p>Advocates for the Children of New York advocatesforchildren.org</p> | <p>212 947 9779 Info@advocatesforchildren.org</p> | <p>Free legal representation Case advocacy for school services Preschool and school aged children with disabilities Ages birth to 26</p> |
| <p>AHRC NYC</p> | <p>212 780 2500 ahrcnyc.org/contact</p> | <p>Special education advocacy NYC students Ages 3 to 22 One to one assistance IEP process support for parents caregivers and professionals</p> |
| <p>Bronx Independent Living Services bils.org</p> | <p>718 515 2800 bils.org/contact-us</p> | <p>Advocacy services Benefit entitlement Employment training Deaf services Youth and adults</p> |
| <p>Catholic Charities Community Services - Archdiocese of NY catholiccharitiesny.org</p> | <p>1 888 744 7900</p> | <p>Immigration assistance Emergency relief funds Holiday programs Thanksgiving Christmas Easter baskets.</p> |
| <p>Constructive Partnership Unlimited cpunlimited.org</p> | <p>347 840 731</p> | <p>Advocacy outreach Transition to adult services Parents of ID DD adolescents aging out of District 75</p> |
| <p>Disability Rights New York drny.org</p> | <p>518 432 7861 mail@drny.org</p> | <p>Free legal and advocacy services for individuals with disabilities</p> |
| <p>INCLUDEnyc includenyc.org</p> | <p>212 677 4660 English 212 677 4668 Spanish</p> | <p>Educational advocacy Training Support to access services Information and referral Ages birth to 26</p> |
| <p>New York Lawyers for the Public Interest, Inc. nypli.org</p> | <p>212 244 4664</p> | <p>Legal and Advocacy Services</p> |

Parent-to-Parent of New York
State
ptopnys.org

518 381 4350
646 766 3462
agoodman@ptopnys.org

Peer support One to one parent
matching Workshops and training
Support groups Advocacy
Navigating services Special
education OPWDD

Self-Advocacy Association of NYS
sanys.org

646 896 1938
646 766 3260
646 766 3345
nyc@sanys.org

Training & Advocacy for people
with all levels of ID/DD.

Sinergia, Inc.
sinergiany.org

212 643 2840 ext 602
intake@sinergiany.org

Training on special education topics
One to one assistance Advocacy
Autism Initiative support and training

YAI
yai.org

link@yai.org

Self-advocacy group for adults ages
18 and over with intellectual and
developmental disabilities
Members attend meetings, share a
newsletter, participate in rallies and
events, and support each other with
help from a YAI facilitator
OPWDD eligibility is not required

Behavioral Intervention Services

Support for behavior management and skill development for individuals with developmental disabilities

| | | |
|--|--|--|
| Constructive Partnership Unlimited cpunlimited.org | 929 418 1379 Acoleman@cpofnys.org 212 947 5770 | Behavior support in residential and day programs Behavior plans Staff training and documentation Monitoring progress and outcomes |
| Gateway Counseling Center gccnyc.org | 929 237 7209 | In home behavior support training Ages 5+ Family support |
| Mercy Drive Inc. mercydriveinc.org | 718 275 9326 intake@mercydriveinc.org | Intensive behavior services Individuals with developmental disabilities CCO enrolled HCBS waiver Challenging behaviors |
| YAI yai.org | 212 273 6611 inhomebehaviormanagement@yai.org | In home behavior management Caregiver training Short term support OPWDD eligible Children and adults living at home |

Care Coordination Organizations

Care Coordination Organizations provide Health Home Care Management for individuals with intellectual and developmental disabilities receiving OPWDD services Enrollment in Care Management is required for access to HCBS Waiver services Care Managers develop life plans and coordinate health behavioral and community supports There are 3 CCOs serving Region 4 in the Bronx

Advance Care Alliance New York
acany.org

833 692 2269
For New Referrals:
christine.bryant@myacany.org

Care Design
caredesignny.org

518 235 1888
518 320 8400 Intake

Camps

Camps for individuals with developmental disabilities Building social skills Confidence and independence

| Organizations | Contact Information | Services |
|---|---|---|
| <p>AHRC NYC ahrcnyccamping.org</p> | <p>212 780 4491 Referrals@ahrcnyc.org</p> | <p>Summer camp for individuals with developmental disabilities Respite for families Social and recreational experiences</p> |
| <p>INCLUDEnyc includenyc.org</p> | <p>212 677 4660 English 212 677 4668 Spanish</p> | <p>Information on camps and summer programs Children with special needs Ages 0 to 26</p> |
| <p>Rising Treetops at Oakhurst risingtreetops.org</p> | <p>212 533 4020 732 531 0215 services@risingtreetops.org</p> | <p>Year round overnight camp Respite Children and adults Developmental disabilities Autism Physical disabilities</p> |
| <p>Unique Care Community Services, Inc uniquecarecommunityservice.org</p> | <p>347 502 2956 347 784 4622</p> | <p>Summer Camp Ages 3 to 19</p> |
| <p>YAI yai.org</p> | <p>646 369 7492 Sadie.bedik-bloom@yai.org</p> | <p>Sleep away camp Catskills Ages 8 to 18 Developmental disabilities Summer sessions June to August</p> |

Community Habilitation

Individualized support for daily living skills Promoting independence Individuals with developmental disabilities

| Organizations | Contact Information | Services |
|---|--|--|
| ADAPT Community Network adaptcommunitynetwork.org | 1 888 744 7900 | Immigration assistance Emergency relief funds Holiday programs Thanksgiving Christmas Easter baskets. |
| AHRC NYC ahrcnyc.org | 212 780 4491 ahrcnyc.org/ric/contact ahrcnyc.org/services/home/supports | One to one support Skill development Independence in the community Individuals with developmental disabilities |
| Angels Unaware, Inc. angelsunaware.com | 718 410 7406 718 293 4261 | Ages 21+ |
| Birch Family Services birchfamilyservices.org | 646 668 7371 John.agosto@birchfamilyservices.org | Ages 21+ |
| Braverhood braverhood.org | 718 336 6073 info@braverhood.org | All diagnoses Ages under 12 Parent justification required for extended services |
| Catholic Charities Community Services - Archdiocese of NY catholiccharitiesny.org | 888 744 7900 | Ages 8+ Individuals with intellectual and developmental disabilities |
| Child and Family Support Services nycfss.org | 888 208 4485 Helpline 718 618 753 info@nycfss.org | Ages: Birth to 21 years of age |
| Constructive Partnership Unlimited cpunlimited.org | 934-642-2034 along@cpofnys.org 212 947 5770 communications@cpofnys.org | Ages: 7 and older |

| Organizations | Contact Information | Services |
|---|--|--|
| Daybreak Independent Services, Inc. daybreakis.org | 718 704 5070 intake@daybreakis.org | Ages 9+ Individuals with intellectual and developmental disabilities |
| Esperanza Center esperanzacenter.com | 212 928 5810 jfernandez@esperanzacenter.com info@esperanzacenter.com | All ages |
| Gateway Counseling Center gccnyc.org | 929 237 7222 intake@gccnyc.org | One on one, Community & Home-based Habilitation Individuals with DD, ages 13+ |
| Harris Hands Community Services, Inc. harrishands.org | 718 766 9289 info@harrishands.org | Ages 4+ |
| Help on the Way, Inc. http://hotwny.org | 718 484 7810 347 353 8931 yiovanny.madera@hotwny.org | Ages 5+ |
| Heritage Human Services, Inc. heritagehumanservices.org | 718 629 3187 fngaedi@heritagehumanservices.org | All ages Individuals with developmental disabilities |
| Human First, Inc humanfirst.org | 516 823 9500 intake@humanfirst.org | Children and adults with intellectual and developmental disabilities |
| Inclusive Links Inc. inclusivelinks.org | 914 265 1505 inquiries@inclusivelinks.org | Ages 3 and over Serving only lower Westchester County |
| Job Path jobpathnyc.org | 212 944 0564 info@jobpathnyc.org jobpathnyc.org/resources | Ages 18 and over |

| Organizations | Contact Information | Services |
|---|--|--|
| Life Adjustment Center, Inc. lifeadjustmentcenter.com | 917 645 8112 srobinson@lifeadjustmentcenter.com lifeadjustmentcenter.com/lac-services-snapshot | Ages 5 and over |
| LifeSpire, Inc. lifespire.org | 212 741 0100 gromero@lifespire.org | Ages 6+ |
| Mercy Drive, Inc. mercydriveinc.org | 718 275 9326 intake@mercydriveinc.org | Ages 3+ CCO enrollment HCBS waiver required |
| Modern Guidance Services, Inc mgsny.org | 718 994 4617 | Ages 16+ |
| Quality Services for the Autism Community (QSAC) qsac.com | 718 728 8476 ext 1222 jnunez@qsac.com | Individuals with autism spectrum disorder |
| Rewarding Environments for Adult Living, Inc (REAL, Inc.) real-nyc.org/about | 516 563 0449 dorisvaldes@real-nyc.org | Ages 5+ Medicaid required |
| Services for the Developmental Challenged, Inc. sdcnyc.org/sdc-nyc | 718 432 8469 info@sdcnyc.org | Ages 8+ |
| Sinergia, Inc. sinergiany.org | 212 643 2840 ext 351 intake@sinergiany.org ealvarado@sinergiany.org | Individuals with developmental disabilities and families Care coordination |
| SKIP of NY skipofny.org | 212 268 5999 hcbsevenrollment@skipofny.org | Ages newborn to 18 |

| Organizations | Contact Information | Services |
|--|--|--|
| Social Action Center, Inc. socialactioncenterinc.com | 718 654 1815 tlindsay@socialactioncenterinc.com | Ages 5+ |
| South East Bronx Neighborhood Center, Inc. sebnc.org | 718 665 8908 dcaceres@sebnc.org | Community Habilitation openings OPWDD approval required |
| Taconic Innovations Inc. taconicinnovations.com | 914 840 9179 | Individuals with autism and intellectual disabilities Ages 5 to 80 |
| The Center for Family Support cfsny.org | 646 627 2655 nhandy@cfsny.org | Ages 5+ |
| The Clark Institute Community Inclusion ciciny.org | 516 280 9361 info@ciciny.org | Children and adults Living independently or with family |
| Unique Life, Inc. uniquelifeinc.org | 347 449 7891 uniquelife@optonline.net | Ages 5+ |
| YAI | 212 273 6501 lane.small@yai.org | Crisis intervention and prevention Behavior support Challenging behaviors Self control Positive behavior strategies Developmental disabilities |

Crisis Intervention/Prevention

Provides crisis intervention and prevention support for individuals with intellectual and developmental disabilities, including strategies to address challenging behaviors, promote self-control, and support positive behavior management

| Organizations | Contact Information | Services |
|---|---|--|
| <p>AHRC NYC ahrcnyc.org/services/community/clinical-services/crisis-intervention</p> | <p>718 367 3701</p> | <p>Crisis intervention Behavior management Family crisis support Available 24 hours Ages 3+ OPWDD eligible</p> |
| <p>Innovative Resources for Independence, Inc. iriny.org</p> | <p>718 805 6796 646 542 4643 Hotline info@iriny.org</p> | <p>Available 24 7 Crisis support Preventing unnecessary hospitalizations</p> |
| <p>NY State Institute on Disability, Inc.</p> | <p>646 766 3258 jhawkins@nysidinc.org</p> | <p>In home behavioral crisis intervention OPWDD eligible All ages Living with family or guardian</p> |
| <p>YAI yai.org/services/nystartcsidd</p> | <p>212 273 6300</p> | <p>Crisis intervention and response CSIDD NYSTART Ages 6+ children and adults Behavioral and mental health support</p> |

Evaluation Assessments

OPWDD eligibility Comprehensive evaluations Individual needs abilities and supports

| Organizations | Contact Information | Services |
|---|---|--|
| <p>AHRC NYC ahrcnyc.org</p> | <p>Free evaluations 212 780 4491 referrals@ahrcnyc.org</p> | <p>Psychological and psychosocial evaluations OPWDD eligibility determination No Medicaid Ages 5+</p> |
| <p>Constructive Partnership Unlimited cpunlimited.org</p> | <p>917 579 8751 egjrald@cpofnys.org</p> | <p>Psychotherapy Counseling OT PT Speech Psychological testing Psychosocial evaluations</p> |
| <p>NY State Institute on Disability, Inc.</p> | <p>917 699 0578 esunshine@nysidinc.org Services Provided By NYSID</p> | <p>In home behavioral crisis intervention OPWDD eligible All ages Living with family or guardian</p> |
| <p>Rose F. Kennedy Children's Evaluation and Rehabilitation Center Montefiore Medical Center einsteinmed.edu/centers/childrens-evaluation-rehabilitation</p> | <p>718 839 7333 718 839 7334 Intake appointments Monday to Friday 8 30 am to 5 00 pm</p> | <p>Developmental evaluations Diagnostic and clinical services Developmental pediatrics Neurology Psychiatry Ophthalmology Orthopedics ENT Primary care Special Care Dentistry Psychological testing Speech Occupational Physical therapy Audiology</p> |
| <p>Volunteers of America Bronx Learning Center voa-gny.org</p> | <p>718 466 3580 info@voa-gny.org</p> | <p>Psychological and educational evaluations Classroom observation Ages 2 9 to 5</p> |
| <p>YAI yai.org/clinical-services/center-specialty-therapy</p> | <p>212 273 6100 ext 4998</p> | <p>Psychological psychosocial and autism evaluations Psychotherapy</p> |

Family Reimbursement

Family reimbursement Support for individuals with developmental disabilities Covering essential goods and services Not available through other programs

| Organizations | Contact Information | Services |
|---|---|---|
| <p>ADAPT Community Network adaptcommunitynetwork.org</p> | <p>212 683 6700 ext 1172</p> | <p>Family reimbursement Financial support Goods and services not covered elsewhere Clothing camp respite furniture adaptive equipment Individuals with developmental disabilities living at home OPWDD eligible</p> |
| <p>AHRC NYC ahrcnyc.org</p> | <p>917 715 8035 ahrc.familyreimbursementprograms@ahrcnyc.org ahrcnyc.org/services/community/client-services/family-reimbursement</p> | <p>Reimbursement support helps people with developmental disabilities who are OPWDD eligible and living with their families pay for goods and services not covered by other programs or funding sources</p> |
| <p>The Center For Family Support cfsny.org</p> | <p>718 518 1500 ext 345 yalmonte@cfsny.org</p> | <p>Reimbursement for primary caregivers Goods and services not covered by other sources</p> |
| <p>Gateway Counseling Center gccnyc.org</p> | <p>929 237 7209 intake@gccnyc.org</p> | <p>Expenses not covered by other sources Camp respite recreation All ages Living at home with family Bronx</p> |
| <p>NY State Institute on Disability, Inc.</p> | <p>718 494 6457 929 202 1115 jtripodi@nysidinc.org info@nysidinc.org</p> | <p>Family support reimbursement Goods and services Emergency respite Camps All ages Living at home with family</p> |
| <p>Quality Services for the Autism Community, (QSAC) qsac.com</p> | <p>718 728 8476 britney.hoobraj@qsac.com 718 728 8476 ext 2091 genesis.rosado@qsac.com</p> | <p>Autism spectrum disorder OPWDD eligible</p> |
| <p>Sinergia, Inc. sinergiany.org</p> | <p>212 643 2840 ext 302 intake@sinergiany.org</p> | <p>Reimbursement for goods and services</p> |

Family Training Counseling and Support

Family Training Counseling and Support helps caregivers build skills and knowledge to support their loved ones

| Organizations | Contact Information | Services |
|---|---|---|
| <p>Advocates for the Children of New York advocatesforchildren.org</p> | <p>212 947 9779 info@advocatesforchildren.org</p> | <p>Parent Center Family support navigating the school system Educational rights workshops English and Spanish Community education Know your rights resources</p> |
| <p>AHRC NYC ahrcnyc.org/services/families/siblings</p> | <p>Sibling Services 908 419 3907 annette.spallino@ahrcnyc.org</p> | <p>Sibshops Activity based workshops Siblings of individuals with developmental disabilities Ages 8 to 13</p> |
| <p>Center for Human Development & Family Services chdfs.org</p> | <p>212 695 4564 info@chdfs.org nyreferral@chds.org</p> | <p>Family Counseling, Parent Advocacy and Support Services Ages 0 to 3</p> |
| <p>Mercy Drive Inc. mercydriveinc.org</p> | <p>718 275 9326 intake@mercydriveinc.org</p> | <p>Training and Information to families with children with Developmental Disabilities. Individuals must be under 18 years of age, 1:1 visits</p> |
| <p>Mind Speaks Inc. mindspeakinc.com</p> | <p>914 297 9998 914 426 7789 info@mindspeakinc.com</p> | <p>Psychotherapy Services It's a free for service program where insurance is accepted</p> |
| <p>Parent-to-Parent of New York State ptopnys.org</p> | <p>518 381 4350 646 766 3462 agoodman@ptopnys.org</p> | <p>Parent support, information and referral</p> |
| <p>Rose F. Kennedy Children's Evaluation and Rehabilitation Center einsteinmed.edu/centers/childrens-evaluation-rehabilitation</p> | <p>718 430 8538</p> | <p>RFK CERC provides comprehensive clinical services for children and families, including evaluations, diagnosis, treatment planning, and therapeutic supports tailored to each child's developmental and health needs.</p> |

| Organizations | Contact Information | Services |
|--|---|---|
| <p>Services for the Developmentally Challenged, Inc. sdcnyc.org/sdc-nyc</p> | <p>718 432 8469 info@sdcnyc.org</p> | <p>Parent Support Group, information, referral Support for parents & self-advocates.</p> |
| <p>Sinergia, Inc sinergiany.org</p> | <p>212 643 2840 information@sinergiany.org</p> | <p>Parent education classes Advocacy Case management and Wheelchair accessible</p> |
| <p>The Center for Family Support cfsny.org</p> | <p>718 518 1500 ext 345 yalmonte@cfsny.org</p> | <p>In home parenting skills training Parents with developmental disabilities Crisis support Household and child rearing skills Preventing crisis escalation One to one support Ages 3+</p> |
| <p>YAI yai.org</p> | <p>212 273 6542</p> | <p>Information and referral IDD services Bronx English and Spanish</p> |

Guardianship & Financial Planning

Plan for guardianship finances and future needs to ensure continued care and well being

| Organizations | Contact Information | Services |
|---|---|--|
| <p>AHRC NYC ahrcnyc.org</p> | <p>212 780 4408 guardianship@ahrcnyc.org ahrcnyc.org/services/families/guardianship-services</p> | <p>Guardianship education and outreach Article 17A and alternatives Assistance with guardianship Ages 18+ developmental disabilities</p> |
| <p>AIM Services aimservices@aimservicesinc.org</p> | <p>518 587 3208 Fax: 518 587 7236</p> | <p>Supported Decision-Making</p> |
| <p>Arkontaky Law Group, PC aarkontaky@arkontakylaw.com</p> | <p>914 460 7880</p> | <p>Special education advocacy and litigation OPWDD eligibility and appeals Guardianship Special needs estate planning Special needs trusts</p> |
| <p>New York Lawyers for the Public Interest, Inc. nylpi.org</p> | <p>212 244 4664</p> | <p>Guardianship services Individuals with intellectual and developmental disabilities Ages 3 to 18</p> |
| <p>Parent-to-Parent of New York State ptopnys.org</p> | <p>518 381 4350 646 766 3462 agoodman@ptopnys.org</p> | <p>Support network for families Navigating services and systems</p> |

Home Care Services

Home care support Safety and independence Helps individuals remain at home Supports families and reduces need for institutional care

| Organizations | Contact Information | Services |
|---|---|--|
| <p>AHRC NYC ahrcnyc.org</p> | <p>212 780 2520 ahrcnyc.org/services/home/health-care</p> | <p>Provides home-based health care services for people with developmental disabilities of all ages, as well as people without disabilities, throughout all five boroughs of New York City. Offers 24-hour access to a live representative, 365 days a year. Accepts fee-for-service and long-term care</p> |
| <p>Excellent Home Care Services ehcny.org</p> | <p>646 598 9613 Angel.Nunez@ehcny.org</p> | <p>Home health services for all ages, including Home Health Aide, Skilled Nursing Care, Physical Therapy, Occupational Therapy, and Speech Therapy. Applied Behavior Analysis (ABA) is available for individuals under 21</p> |
| <p>Extended Home Care extendedhc.net</p> | <p>212 356 4200 ext. 3510 or 3404 647 932 1151 Zventura@extendedhc.net Rplakstis@extendedhc.net CFrazer@extendedhc.net</p> | <p>Home health services for ages 3 and over, including Occupational Therapy, Speech Therapy, Physical Therapy, and Home Health Aide services</p> |
| <p>Hamaspik Home Care hamaspikhomecare.org</p> | <p>855 426 2774 info@hamaspikcare.org</p> | <p>Provides home-based services for individuals with developmental disabilities, offering support and care tailored to their needs</p> |
| <p>Prime Home Care primehomehealth.com/services</p> | <p>718 646 1900</p> | <p>Provides home care services that support the physical, emotional, and social needs of patients and their families while promoting dignity and respect</p> |
| <p>Wellbound for Special Needs wellboundspecialneeds.com</p> | <p>718 400 9355 ext. 130 718 303 8103 dkrasner@wellboundhc.com Spintake@wellboundhc.com</p> | <p>Home-based services for ages 3 to 21, including Home Health Aides, Occupational Therapy, Physical Therapy, and Speech Therapy</p> |

| Organizations | Contact Information | Services |
|---------------|---------------------|----------|
|---------------|---------------------|----------|

Taconic Innovations Inc.
Taconicinnovations.com

914 840 9182
info@taconicinnovations.com

CDPAP and Personal Care Aide services allow individuals to hire, train, and direct their own caregivers

Home Enabling Supports and Home Modifications for people with Developmental Disabilities

Home Enabling Supports and Home Modifications help individuals live more safely and independently through assistive technology, remote monitoring, and physical home changes such as ramps and wider doors

| Organizations | Contact Information | Services |
|---------------|---------------------|----------|
|---------------|---------------------|----------|

| | | |
|---|---|--|
| <p>ADAPT Community Network</p> | <p>212 683 6700 ext. 1170 mhwang@adaptcommunitynetwork.org tpickar@adaptcommunitynetwork.org</p> | <p>Doorways to Independence provides home modifications and adaptive equipment to improve safety and access for Bronx residents with developmental disabilities who live at home with their families and are eligible for OPWDD services</p> <p>Home-Enabling Supports are available for ages 15 and over who live in non-certified settings and are enrolled in the OPWDD HCBS Waiver. Services use assistive technology to support independence, community participation, and reduce reliance on in-person support staff</p> |
| <p>Sinergia, Inc. sinergiany.org</p> | <p>212 643 2840 ext. 302 intake@sinergiany.org</p> | <p>Provides support with tenant issues, repairs, eviction prevention, housing court matters, and advocacy workshops. Home modifications are not offered</p> |
| <p>Taconic Innovations Inc. Taconicinnovations.com</p> | <p>845 296 1042 info@Taconicinnovations.com</p> | <p>Supports individuals in finding and maintaining safe, affordable housing, including help with applications, long-term housing, independence, and stability</p> |

Housing Advocacy/Housing Assistance and Housing Subsidy

Provides advocacy and support to secure housing rights, accessible and affordable housing, and subsidies that help cover the gap between income and housing costs

| Organizations | Contact Information | Services |
|--|--|---|
| ADAPT Community Network | 212 683 6700 ext. 1154 wdeleon@adaptcommunitynetwork.org | ADAPT Community Network's Housing Assistance Services provide advocacy, information, and referrals for housing concerns Families must have a household member who is OPWDD eligible to qualify |
| | 212 683 6700 ext. 1101 g.clarke@adaptcommunitynetwork.org | OPWDD Housing Subsidy (Rent Subsidy) Assists adults ages 18 and over with developmental disabilities in achieving or maintaining independent living |
| Sinergia, Inc. sinergiany.org | 212 643 2840 ext. 302 intake@sinergiany.org | Provides support with tenant issues, repairs, eviction prevention, housing court matters, and advocacy workshops Home modifications are not offered |
| Taconic Innovations Inc. taconicinnovations.com | 845 296 1042 info@Taconicinnovations.com | Supports individuals in finding and maintaining safe, affordable housing, including help with applications, long-term housing, independence, and stability |

Residential Services

Agencies listed below provide residential services for people with intellectual and developmental disabilities in the Bronx Unless otherwise noted, services are for ages 21 and over

| Organizations | Contact Information | Services |
|---|--|--|
| <p>All Abilities Beloved Respected (AABR) aabr.org</p> | <p>718 321 3800 development@aabr.org</p> | <p>Provides 24-hour residential support in a home-like setting Services focus on person-centered care, daily living support, independence, community participation, and quality of life</p> |
| <p>Abbott House abbotthouse.net</p> | <p>914 591 7300 info@abbotthouse.net</p> | <p>Provides residential services in Westchester, Rockland, and NYC, including homes in the Bronx Homes offer a safe, home-like setting with 24-hour supervision and support from trained staff</p> |
| <p>ADAPT Community Network adaptcommunitynetwork.org/service-options/living</p> | <p>877 827 2666</p> | <p>Provides residential living options for people with intellectual and developmental disabilities Some services are licensed and certified by OPWDD, with eligibility determined through the OPWDD Front Door process</p> |
| <p>AHRC NYC ahrcnyc.org</p> | <p>212 780 2500 ext. 2538 212 780 2500 ext. 2774</p> | <p>Residential services available for ages 18 and over in all five boroughs of New York City OPWDD Waiver eligibility and placement on the Certified Residential Opportunities list required OPWDD funded, primarily through Medicaid and Medicare</p> |
| <p>Angels Unaware, Inc angelsunaware.com</p> | <p>718 410 7406</p> | <p>Supported Living Services help individuals live in their own home or apartment with staff support Staff provide coaching and support with daily living skills, safety, and independence in the community</p> |

| Organizations | Contact Information | Services |
|--|--|--|
| <p>Birch Family Services birchfamilyservices.org</p> | <p>929- 297-2191</p> | <p>Provides person-centered residential services for adults ages 18 and over Services may include 24-hour supervision or other support options based on individual needs Staff support daily living skills, community participation, health, personal goals, and safety in a home-like setting</p> |
| <p>Cardinal McCloskey Services cmcs.org</p> | <p>914-997-8000</p> | <p>Provides person-centered residential supports in Westchester, the Bronx, and Rockland Services support independent living skills, community inclusion, changing needs over time, and individuals with medical or behavioral challenges</p> |
| <p>Catholic Guardian Services catholicguardian.org</p> | <p>917-608-5184</p> | <p>Provides residential supports in community-based homes throughout New York City Services support independence, community participation, and individuals with medical, behavioral, mobility, vision, or hearing needs</p> |
| <p>Center for Family Support cfsny.org</p> | <p>718 518 1500 ext. 343 edickerson@cfsny.org</p> | <p>Provides residential supports across New York City and Westchester County Options may include supportive housing, individual support services, and 24-hour supervised residential settings</p> |
| <p>Constructive Partnerships Unlimited cpunlimited.org</p> | <p>212 947 5770 rjudge-mays@cpofnys.org</p> | <p>Provides residential options, including Individualized Residential Alternatives with 24-hour support and Intermediate Care Facilities for individuals who need a higher level of care</p> |
| <p>Community Action for Human Services, Inc. cahsinc.org</p> | <p>718 655 7700 ext. 108</p> | <p>Provides Individualized Residential Alternative services through the OPWDD HCBS Waiver using a person-centered approach Locations include Crotona Park East and a five-bed home in Pelham Gardens, Bronx</p> |

| Organizations | Contact Information | Services |
|---|--|--|
| <p>Community Resource Center for the Developmentally Disabled Inc. crcdd.org</p> | <p>718 292 1705</p> | <p>Provides residential care for individuals with developmental disabilities in the Bronx, Manhattan, and Southern Westchester Residential options include Intermediate Care Facilities and Individualized Residential Alternatives with 24-hour support, supervision, individualized care, and person-centered planning</p> |
| <p>Esperanza Center esperanzacenter.com</p> | <p>212 928 5810 ext. 129</p> | <p>Provides residential services in supervised and supportive homes in the Bronx and Manhattan Services support dignity, safety, daily living skills, independence, community participation, and a family-style home environment</p> |
| <p>Innovative Resources for Independence, Inc. iriny.org</p> | <p>718 805 6796 ext. 2</p> | <p>Provides supportive living options based on each person's preferences and abilities Services help individuals live in a home-like setting while supporting independence, growth, and quality of life</p> |
| <p>Institutes for Community Living iclinc.org</p> | <p>212 385 3030 Press prompt 1, then prompt 2 844-ICL-HOPE</p> | <p>Provides 24-hour staffed congregate housing in the Bronx, Brooklyn, and Manhattan Services may include crisis support, counseling, daily living skills, employment support, housing assistance, and wellness programming</p> |
| <p>Institutes of Applied Human Dynamics, Inc. (IAHD) iahdny.org</p> | <p>914 220 4313 GOPAZO@IAHDNY.ORG</p> | <p>Provides safe, person-centered community housing for adults with intellectual and developmental disabilities Services support individuals throughout the Bronx and Westchester</p> |
| <p>Life Adjustment Center lifeadjustmentcenter.com</p> | <p>212 938 1223</p> | <p>Life Adjustment Residential</p> |

| Organizations | Contact Information | Services |
|---|---|---|
| <p>LifeSpire lifespire.org</p> | <p>212 741 0100</p> | <p>Available for ages 18 and over</p> |
| <p>Metro DDRO/OPWDD opwdd.ny.gov</p> | <p>718 430 0710 Metro.Careers@opwdd.ny.gov</p> | <p>Regional Office</p> |
| <p>NeuSpark PDS neusparkpds.org</p> | <p>718 256 2212 office@neusparkpds.org</p> | <p>Provides 24-hour Intermediate Care Facility services in structured, home-like settings</p> |
| <p>NeuSpark PDS neusparkpds.org</p> | <p>718 256 2212 office@neusparkpds.org</p> | <p>Supports individuals with complex medical, behavioral, and adaptive needs through clinical care, daily support, activities, therapies, and skill-building for greater independence</p> |
| <p>The New York Foundling nyfoundling.org</p> | <p>212 633 9300</p> | <p>Provides residential programs for adults with developmental disabilities</p> |
| <p>The New York Foundling nyfoundling.org</p> | <p>212 633 9300</p> | <p>Options range from independent apartments to 24-hour support based on individual needs</p> |
| <p>Puerto Rican Family Institutes Inc prfi.org</p> | <p>212 924 6320</p> | <p>Provides Individualized Residential Alternative and Intermediate Care Facility services with person-centered support for individuals with developmental disabilities</p> |
| <p>Puerto Rican Family Institutes Inc prfi.org</p> | <p>212 924 6320</p> | <p>Provides Individualized Residential Alternative and Intermediate Care Facility services with person-centered support for individuals with developmental disabilities</p> |
| <p>Rising Ground risingground.org</p> | <p>212 602 5800 718 794 8442 AccessAndReferral@RisingGround.org</p> | <p>Provides community residences for individuals with intellectual and developmental disabilities</p> |
| <p>Rising Ground risingground.org</p> | <p>212 602 5800 718 794 8442 AccessAndReferral@RisingGround.org</p> | <p>Services support safety, relationships, skill-building, and greater independence</p> |
| <p>Salvation Army Social Services of easternusa.salvationarmy.org/greater-new-york/social-services</p> | <p>contactgny@use.salvationarmy.org</p> | <p>Operates 8 developmental disability residences in the Bronx, Queens, and Brooklyn</p> |
| <p>Salvation Army Social Services of easternusa.salvationarmy.org/greater-new-york/social-services</p> | <p>contactgny@use.salvationarmy.org</p> | <p>Homes provide a family-like, supervised setting with trained staff and support for residents' growth and development</p> |

| Organizations | Contact Information | Services |
|--|--|---|
| Services for the Underserved sus.org | 212 633 6900 ext. 1676 917 574 5640 | Provides residential services for people with intellectual and developmental disabilities Homes offer support in safe, supervised residential settings based on each person's needs |
| Services for the Developmentally Challenged sdcnyc.org | 718 432 8469 | OPWDD Residential Habilitation |
| Sinergia, Inc sinergiany.org | 212 643 2840 ext. 320 | Provides residential services for people with intellectual and developmental disabilities in New York City Residential options may include supervised residences, supportive residences, and Individualized Support Services, based on each person's needs and level of independence |
| South East Neighborhood Centers, Inc. sebnc.org | 718 542 272 | Residential Services |
| Special Citizens Futures Unlimited, Inc. specialcitizens.org | 718 601 6935 | Provides residential services in the Bronx, Manhattan, and Westchester Options include 24-hour supervised IRAs, supported living, supervised apartments, and Individual Support Services |
| St. Dominic's sdfs.org | 845 359 3400 cstjohn@sdfs.org | Provides community-based residential homes for adults ages 18 and over with developmental disabilities Services support independence, productivity, and community integration |

| Organizations | Contact Information | Services |
|---|---|--|
| <p>Unique People Services uniquepeopleservices.org</p> | <p>718-231-771</p> | <p>Provides 24-hour staffed residential homes for individuals with varying support needs Services support daily living skills, independence, productivity, and community integration</p> |
| <p>YAI yai.org</p> | <p>212 273 6182 212 273 6100</p> | <p>Provides residential options, including homes and supportive apartments integrated into the community Residences offer staff support, daily living routines, group activities, and connections to needed care and services</p> |

Individual Support and Services (ISS)

Supports individuals with intellectual and developmental disabilities in making informed choices, accessing needed care, and participating in community activities

| Organizations | Contact Information | Services |
|---|---|--|
| <p>Angels Unaware, Inc. angelsunaware.com</p> | <p>718 410 7406 718 293 4261</p> | <p>Individual Supports and Services (ISS) help adults with developmental disabilities live independently by providing funding for housing costs and limited support for needs such as food, transportation, and clothing</p> |
| <p>Constructive Partnership Unlimited cpunlimited.org</p> | <p>212 947 5770 information@cpofnys.org</p> | <p>To qualify for the subsidy, individuals must be enrolled in OPWDD services Individuals may choose to live alone, with roommates, or remain in their current non-certified setting</p> |
| <p>Inclusive Links, Inc inclusivelinks.org</p> | <p>929 527 0941 Intake@Inclusivelinks.org</p> | <p>Housing Subsidy, ages 18+</p> |
| <p>Unique People Services uniquepeopleservices.org</p> | <p>718 231 7711 ext. 1031 klonettej@uniquepeopleservices.org</p> | <p>Housing Subsidy</p> |

Information Outreach & Referral

Provides information and referrals to help individuals with intellectual and developmental disabilities and their families navigate services and access needed resources

| Organizations | Contact Information | Services |
|---|--|---|
| <p>ADAPT Community Network adaptcommunitynetwork.org</p> | <p>877 827 2666 projectconnect@adaptcommunitynetwork.org</p> <p>718 436 7979 ext. 5139 familyconnect@ucpnyc.org</p> <p>718 436 7979 ext. 5024 techworks@adaptcommunitynetwork.org</p> | <p>Project Connect provides information and referrals for programs, services, and supports available through ADAPT and its partner network for people with developmental disabilities and their families</p> <p>Family Connect offers free workshops, support services, and educational resources for New York City parents and families of children with disabilities Families can learn about resources and participate in improving outcomes and support for children with disabilities</p> <p>TechWorks Center serves as New York City's regional TRAIID center, providing free assistive technology support for children and adults with disabilities Services include education, assistance with obtaining assistive technology, and support for independence at home, school, work, and in the community</p> |
| <p>AHRC NYC ahrcnyc.org</p> | <p>212 780 4491 Referrals@ahrcnyc.org</p> | <p>Provides information, support, guidance, and referrals for individuals with intellectual and developmental disabilities and their families seeking OPWDD services and supports</p> |
| <p>Angels Unaware, Inc. angelsunaware.com</p> | <p>718 410 7406 angelsunawareny.com</p> | <p>Radio Vision Cristiana 1330 AM airs Tuesdays at 9:30 AM and focuses on helping families care and advocate for loved ones with intellectual and developmental disabilities</p> |

Information Outreach & Referral

| Organizations | Contact Information | Services |
|---|---|--|
| <p>Bronx Independent Living Services bils.org</p> | <p>718 515 2800 Info@bils.org</p> | <p>BILS provides information and referrals for services for people with disabilities. Referrals may include food pantries, legal services, and other independent living supports in the community.</p> |
| <p>Constructive Partnerships Unlimited cpunlimited.org</p> | <p>212 947 5770 information@cpofnys.org communications@cpofnys.org</p> | <p>CP Unlimited frequently invites wheelchair users and their direct service providers and families to book an appointment for a free wheelchair cleaning, maintenance, and sanitizing to help maintain the functionality and mobility of their powered and/or non-powered wheelchairs. Call to learn when services are offered in the Bronx. revise</p> |
| <p>Early Childhood Direction Center Bronx Independent Living Services (BILS) bils.org</p> | <p>347 271 8159 Video Phone: 347 269 1792 Fax: 718 515 2844 maura@bils.org</p> | <p>Early Childhood Direction Centers provide information, guidance, and referrals for families of children with developmental delays or disabilities. Services may include referrals to Early Intervention, educational programs, and community resources.</p> |
| <p>INCLUDEnyc includenyc.org</p> | <p>212 677 4660 English 212 677 4668 Spanish</p> | <p>Provides support, advocacy, information, and resources for individuals with intellectual and developmental disabilities and their families.</p> |
| <p>Mercy Drive, Inc. mercydriveinc.org</p> | <p>718 275 9326 intake@mercydriveinc.org</p> | <p>Provides advocacy, residential habilitation, and support for family involvement in service planning.</p> |
| <p>NYC Poison Center nyc.gov/site/doh/health/health-topics/poison-control.page</p> | <p>212 764 7667 National Number: 1 800 222 1222</p> | <p>NYC Poison Center provides a 24-hour emergency hotline for intentional and unintentional poison exposures. Staff provide treatment guidance, poison prevention information, and educational programs for all ages.</p> |

Information Outreach & Referral

| Organizations | Contact Information | Services |
|---|---|---|
| <p>Parent-to-Parent of New York State ptopnys.org</p> | <p>1 800 405 8818 646 766 3462 agoodman@ptopnys.org</p> | <p>Provides a supportive network, resources, and guidance to help families navigate service systems and make informed decisions</p> |
| <p>Sinergia, Inc. sinergiany.org</p> | <p>212 643 2840 ext. 602 intake@sinergiany.org</p> | <p>Provides information and referrals, non-Medicaid case management, and assistance with OPWDD eligibility, Medicaid waiver applications, guardianship, public benefits, and family reimbursement</p> |
| <p>Taconic Innovations taconicinnovations.com</p> | <p>866 992 7702 Info@CenterForDisabilityInnovations.com</p> | <p>Durable Medical Equipment</p> |
| <p>Wellbound for Special Needs wellboundspecialneeds.com</p> | <p>718 400 9355 ext. 130 718 303 8103 dkrasner@wellboundhc.com Spnintake@wellboundhc.com</p> | <p>Assists individuals and families with OPWDD eligibility and related Medicaid enrollment requirements</p> |

Respite-After School

After-school respite gives caregivers a break while providing structured activities and social opportunities for loved ones. Services help reduce caregiver stress and support family well-being.

| Organizations | Contact Information | Services |
|---|--|---|
| <p>AHRC NYC ahrcnyc.org</p> | <p>212 780 4491 Referrals@ahrcnyc.org</p> | <p>Available for ages 6 to 16 OPWDD eligibility and HCBS Waiver enrollment required</p> |
| <p>Esperanza Center esperanzacenter.com</p> | <p>212 928 5810 ext. 116 amacea@esperanzacenter.com</p> | <p>Available Tuesdays and Thursdays from 3 PM to 6 PM Wednesdays are available for ages 16 and over living in the western Bronx Transportation provided</p> |
| <p>Kingsbridge Heights Community Center khcc-nyc.org</p> | <p>718 884 0700 info@khcc-nyc.org</p> | <p>Respite program for individuals Ages 5-21</p> |
| <p>LifeSpire, Inc. lifespire.org</p> | <p>718 892 7765</p> | <p>Available Monday through Thursday from 3 PM to 6 PM Ages 14 to 21</p> |
| <p>Quality Services for the Autism Community- QSAC qsac.com</p> | <p>718 728 8427 ext. 1222 Jnunez@qsac.com</p> | <p>Available Monday through Friday from 2:45 PM to 6 PM Transportation provided for children ages 8 and over with autism spectrum disorder</p> |
| <p>Services for the Developmentally Challenged, Inc. sdcnyc.org/sdc-nyc</p> | <p>718 432 8469 info@sdcnyc.org</p> | <p>Available Monday through Friday from 3:30 PM to 6:30 PM Ages 5 to 21</p> |
| <p>Social Action Center, Inc. socialactioncenterinc.com</p> | <p>718 654 1815 tindsay@socialactioncenterinc.com</p> | <p>Follows the Board of Education calendar from September to June Available Monday through Friday from 3 PM to 6 PM Ages 5 to 21</p> |

| Organizations | Contact Information | Services |
|--|--|---|
| South East Bronx Neighborhood Centers, Inc. sebnc.org | 718 665 8908 Dcaceres@sebnc.org | After-school respite and supplemental day habilitation Dinner and transportation provided |
| Unique Care Community Services, Inc. uniquecarecommunityservices.org | 347 502 2956 347 784 4622 | After-school respite for ages 3 and over |
| Unique Life, Inc. uniquelifeinc.org | 347 471 9787 Rndhlovu@uniquelifeinc.org | Offers on-site after-school programs that offer a social and recreational experience with an educational component. |

Respite-Evening Program

Provides temporary relief for caregivers while helping loved ones stay safe and engaged

| Organizations | Contact Information | Services |
|---|---|---|
| <p>AHRC NYC ahrcnyc.org</p> | <p>212 780 4491 Referrals@ahrcnyc.org</p> | <p>Weekend Mini Camp is offered seasonally in the fall and/or spring Ages 8 to 22 OPWDD eligibility and HCBS Waiver enrollment required</p> |
| <p>Angels Unaware, Inc. angelsunawareny.com</p> | <p>718-410-7406 718-293-4261</p> | <p>Respite services may be provided in the home or outside the home</p> |
| <p>Esperanza Center esperanzacenter.com</p> | <p>212 928 5810 ext. 120 elindao@esperanzacenter.com</p> | <p>Wednesday evening respite from 3:30 PM to 6 PM Transportation provided for upper West Bronx residents Ages 21 and over</p> |
| <p>Services for the Developmentally Challenged, Inc. sdcnyc.org/sdc-nyc</p> | <p>718 432 8469 info@sdcnyc.org</p> | <p>Evening respite available Monday through Friday from 4 PM to 7:30 PM</p> |
| <p>South East Bronx Neighborhood Centers, Inc. sebnc.org</p> | <p>718 665 8908 Dcaceres@sebnc.org</p> | <p>Accent Café Recreation is available Monday, Wednesday, and Friday from 2:30 PM to 6:30 PM Dinner and transportation provided</p> |

Respite-In Home

Provides in-home respite so caregivers can take a break while loved ones with developmental disabilities receive care in familiar surroundings

| Organizations | Contact Information | Services |
|---|---|--|
| <p>AHRC NYC ahrcnyc.org</p> | <p>212 780 4491 Referrals@ahrcnyc.org ahrcnyc.org/services/home/supports/</p> | <p>Provides caregiver Available to people who live with family or in Family Care</p> |
| <p>Braverhood braverhood.org</p> | <p>718 336 6073 Info@braverhood.org</p> | <p>Available for all diagnoses and all ages</p> |
| <p>Esperanza Center esperanzacenter.com</p> | <p>212 928 5810 JFernandez@esperanzacenter.com</p> | <p>Trained staff frequency varies based on need Available for all ages</p> |
| <p>Harris Hands Community Services, Inc. harrishands.org</p> | <p>718 766 9289 info@HarrisHands.org</p> | <p>Available for ages 4 and over</p> |
| <p>Help on the Way, Inc. hotwny.org</p> | <p>718 484 7810 347 353 8931 Yiovanny.Madera@hotwny.org</p> | <p>Available for ages 5 and over</p> |
| <p>Heritage Human Services heritageny.org</p> | <p>718 629 3187 fngaedi@heritagehumanservices.org</p> | <p>Available for all ages, including individuals with autism spectrum disorder</p> |
| <p>Human First, Inc. humanfirst.org</p> | <p>516 823 9500 Intake@humanfirst.org</p> | <p>Available for children and adults with developmental disabilities</p> |
| <p>Inclusive Links, Inc. inclusivelinks.org</p> | <p>914 265 1505 inquiries@inclusivelinks.org</p> | <p>Available for ages 3 and over</p> |
| <p>Innovative Resources for Independence, Inc. iriny.org</p> | <p>718 805 6796 info@iriny.org</p> | <p>Available for ages 10 and over</p> |

Respite-In Home

| Organizations | Contact Information | Services |
|--|--|--|
| <p>Mercy Drive, Inc mercydriveinc.org</p> | <p>718 275 9326 intake@mercydriveinc.org</p> | <p>Available for ages 3 and over CCO and HCBS Waiver approval required</p> |
| <p>Modern Guidance Services, Inc mgsny.org</p> | <p>718 994 4617</p> | <p>Available for ages 16 and over</p> |
| <p>Quality Services for the Autism Community- QSAC qsac.com</p> | <p>718 728 8476 ext. 1222 Jnunez@qsac.com</p> | <p>Available for individuals with autism spectrum disorder</p> |
| <p>Services for the Developmentally Challenged, Inc. sdcnyc.org/sdc-nyc</p> | <p>718 432 8469 info@sdcnyc.org</p> | <p>Available for ages 5 to 21 Monday through Friday from 3 PM to 6 PM</p> |
| <p>Sinergia, Inc. sinergiany.org</p> | <p>212 643 2840 ext. 302 intake@sinergiany.org</p> | <p>Available for individuals with developmental disabilities and their families with care coordination</p> |
| <p>Social Action Center, Inc. socialactioncenterinc.com</p> | <p>718 654 1815 tlindsay@socialactioncenterinc.com</p> | <p>Available for ages 5 and over</p> |
| <p>SKIP of NY skipofny.org</p> | <p>212 268 5999 Hcbсенrollemen@skipofny.org</p> | <p>Available from newborn to age 18</p> |
| <p>Taconic Innovations Inc. taconicinnovations.com</p> | <p>914 530 5592 taconicinnovations.com</p> | <p>Available for all ages</p> |
| <p>The Center for Family Support cfsny.org</p> | <p>718 518 1500 ext. 345 917 748 0442 yalmonte@cfsny.org</p> | <p>Available for ages 3 and over</p> |

| Organizations | Contact Information | Services |
|--|--|---|
| <p>The Clark Institute Community Inclusion ciciny.org</p> | <p>516 280 9361 info@ciciny.org</p> | <p>Respite duration may vary from weekends to several weeks, including during school breaks</p> |
| <p>Unique Care Community Services, Inc. uniquecarecommunityservice.org</p> | <p>347 502 2956 347 784 4622</p> | <p>Available for ages 3 and over</p> |
| <p>Unique Life, Inc. uniquelifeinc.org</p> | <p>347 449 7891 uniquelife@optonline.net</p> | <p>Available for individuals with autism spectrum disorder</p> |
| <p>YAI yai.org</p> | <p>212 273 6501 Lana.Small@yai.org</p> | <p>Provides in-home respite for families caring for loved ones with intellectual and developmental disabilities ages 13 and over living at home</p> |

| Organizations | Contact Information | Services |
|--|--|---|
| <p>The Clark Institute Community Inclusion ciciny.org</p> | <p>516 280 9361 info@ciciny.org</p> | <p>Respite duration may vary from weekends to several weeks, including during school breaks</p> |
| <p>Unique Care Community Services, Inc. uniquecarecommunityservice.org</p> | <p>347 502 2956 347 784 4622</p> | <p>Available for ages 3 and over</p> |
| <p>Unique Life, Inc. uniquelifeinc.org</p> | <p>347 449 7891 uniquelife@optonline.net</p> | <p>Available for individuals with autism spectrum disorder</p> |
| <p>YAI yai.org</p> | <p>212 273 6501 Lana.Small@yai.org</p> | <p>Provides in-home respite for families caring for loved ones with intellectual and developmental disabilities ages 13 and over living at home</p> |

Recreational and Therapeutic Respite

Offers recreational, therapeutic, and social activities that may not be available through standard community programs, while providing caregiver relief

| Organizations | Contact Information | Services |
|---|---|--|
| <p>AHRC NYC ahrcnyc.org</p> | <p>212 780 4491 Referrals@ahrcnyc.org</p> | <p>Sunday trips for ages 21 and over OPWDD eligibility and HCBS Waiver enrollment required</p> |
| <p>Daniel's Music Foundation danielsmusic.org</p> | <p>212 289 8912</p> | <p>Offers free in-person music programs at the Manhattan music center on weekdays and Saturdays, including group music classes and quarterly events Online Zoom programs include drop-in music classes and social events such as dance parties, Open Mic Night, and sing-alongs Designed for individuals ages 3 and over</p> |
| <p>Kingsbridge Heights Community Center khcc-nyc.org</p> | <p>718 884 0700 ext. 100</p> | <p>Summer program with activities, enrichment, and learning opportunities for young people</p> |

| Organizations | Contact Information | Services |
|---|--|--|
| <p>Esperanza Center esperanzacenter.com</p> | <p>212 928 5810 ext. 123 Yhenriquez@esperanzacenter.com</p> | <p>Respite Getaway Three-day vacation respite offered year-round at Raleigh Resort in the Catskill Mountains Children’s groups: ages 5 to 17 Adult groups: ages 18 and over</p> <p>Respite Day-Away One-day respite trips to local places such as museums, malls, and other community locations Offered year-round Children’s groups: ages 5 to 17 Adult groups: ages 18 and over</p> |
| <p>LifeSpire, Inc. lifespire.org</p> | <p>718 892 7765</p> | <p>Adult respite available for ages 18 and over on Mondays and Wednesdays</p> |
| <p>NY State Institute on Disability, Inc.</p> | <p>718 494 6457 salton@nysidinc.org</p> | <p>Recreation, sports, and entertainment tickets available for individuals of all ages who live at home and their family members Transportation available</p> |
| <p>SouthEast Bronx Neighborhood Centers, Inc. sebnc.org</p> | <p>718 542 2727 Dcaceres@sebnc.org</p> | <p>Basketball and cheerleading program available one day a week Ages 21 and over</p> |
| <p>YAI yai.org</p> | <p>212 273 6100 ext. 2471 Lisa.Black@yai.org</p> | <p>Bronx Leisure Trax offers local, national, and international trips Ages 18 and over</p> |

Respite-Overnight

Overnight respite provides caregiver relief while family members receive care and support during nighttime hours

| Organizations | Contact Information | Services |
|--|--|--|
| <p>ADAPT Community Network adaptcommunitynetwork.org</p> | <p>877 827 2666</p> | <p>ADAPT's Overnight Respite Program provides temporary overnight care for families caring for a loved one with a developmental disability. Services are provided in a wheelchair-accessible family home on the Hausman Campus in Pelham Gardens, Bronx. HCBS Waiver eligibility required.</p> |
| <p>AHRC NYC ahrcnyc.org</p> | <p>212 780 4491 Referrals@ahrcnyc.org</p> | <p>Weekend hotel respite for ages 21 and over. OPWDD eligibility and HCBS Waiver enrollment required.</p> |
| <p>Catholic Charities Community Services - Archdiocese of NY catholiccharitiesny.org</p> | <p>1 888 744 7900</p> | <p>24-hour staffed respite site. Not barrier-free. Transportation is not provided. Ages 8 and over.</p> |
| <p>Children's Aid childrensaidnyc.org</p> | <p>914 238 4761 wrr@childrensaidnyc.org</p> | <p>Available on weekends and holidays from October to May. Ages 7 to 17.</p> |
| <p>Rising Tree Tops at Oakhurst risingtreetops.org</p> | <p>732 531 0215</p> | <p>Overnight respite at Camp Oakhurst in New Jersey. Available for 5 to 7 days. Door-to-door transportation provided. Ages 8 and over with physical disabilities.</p> |
| <p>Sinergia, Inc. sinergiany.org</p> | <p>212 643 2840 ext. 351 intake@sinergiany.org</p> | <p>Available for individuals with developmental disabilities and their families who have care coordination.</p> |

| Organizations | Contact Information | Services |
|---------------|---------------------|----------|
|---------------|---------------------|----------|

The Clark Institute Community
Inclusion
ciciny.org

516 280 9361
info@ciciny.org

Respite duration may vary from
weekends to several weeks,
including during school breaks

Unique Care Community
Services, Inc.
uniquecarecommunityservice.org

347 502 2956
347 784 4622

Overnight services available Friday
to Sunday
Ages 14 and over

Respite-Weekend Programs

Weekend recreation programs support physical health, emotional well-being, and social inclusion for individuals with intellectual and developmental disabilities

| Organizations | Contact Information | Services |
|---------------|---------------------|----------|
|---------------|---------------------|----------|

AHRC NYC
ahrcnyc.org

212 780 4491
Referrals@ahrcnyc.org

Teen and adult Saturday recreation for ages 13 and over
OPWDD eligibility and HCBS
Waiver enrollment required

Respite-School Holiday

Services are available when schools are closed for winter, spring, and summer breaks

| Organizations | Contact Information | Services |
|---|--|--|
| AHRC NYC ahrcnyc.org | 212 780 4491 Referrals@ahrcnyc.org | Available for ages 6 to 22 OPWDD eligibility and HCBS Waiver enrollment required |
| Children's Aid childrensaidnyc.org | 914 238 4761 wrr@childrensaidnyc.org | Offered 9 times each year on holidays Ages 7 to 17 |
| Unique Care Community Services, Inc. uniquecarecommunityservice.org | 347 502 2956 347 784 4622 | Available for ages 3 and over |

Respite-Weekend Programs

| Organizations | Contact Information | Services |
|--|---|---|
| <p>Esperanza Center esperanzacenter.com</p> | <p>212 928 5810 ext. 120 Elindao@esperanzacenter.com</p> | <p>Saturday Recreation Program available from 10 AM to 3 PM Ages 21 and over</p> |
| <p>Good Will Industries goodwillnynj.org</p> | <p>718 392 7072</p> | <p>Available every Saturday except Thanksgiving, Christmas, and New Year's Day Ages 21 and over</p> |
| <p>Harris Hands Community Services Inc. harrishands.org</p> | <p>718 766 9289 info@HarrisHands.org</p> | <p>Available for ages 18 and over</p> |
| <p>Kingsbridge HeightsCommunity Center khcc-nyc.org</p> | <p>718 884 0700</p> | <p>Program available October through June Saturdays for ages 15 to 25 Saturdays and Sundays from 10 AM to 2 PM for ages 25 and over Transportation provided</p> |
| <p>Services for the Developmentally Challenged, Inc. sdcnyc.org/sdc-nyc</p> | <p>718 432 8469 info@sdcnyc.org</p> | <p>Saturday program available from 10 AM to 3 PM Transportation provided</p> |
| <p>South East Bronx Neighborhood Centers, Inc. sebnc.org</p> | <p>718 665 8908 Dcaceres@sebnc.org</p> | <p>Saturday recreation available from 9 AM to 4 PM Transportation provided</p> |
| <p>Unique Care Community Services, Inc. uniquecarecommunityservice.org</p> | <p>347 502 2956 347 784 4622</p> | <p>Saturday program available for ages 3 to 19</p> |
| <p>Unique Life, Inc. uniquelifeinc.org</p> | <p>347 449 7891 uniquelife@optonline.net</p> | <p>Available for children and adults</p> |

Self Direction

Self-Direction allows individuals eligible for OPWDD services to use OPWDD funding to choose their own services and supports, including hiring their own staff

To enroll, individuals must be eligible for OPWDD services and have a Care Coordinator
Self-Direction may be a good option for people who can make their own decisions, or have support to do so, and want more flexible services

Bronx Self-Direction Liaison
Magdalene Jno-Baptiste
718 430 0465

magdelene.jno-baptiste@opwdd.ny.gov

| Organizations | Contact Information | Services |
|--|---|---|
| <p>AHRC NYC ahrcnyc.org</p> | <p>212 895 3454 ahrcnyc.org/services/community/self-direction</p> | <p>Provides Fiscal Intermediary services for people who want to self-direct their services Available to people with intellectual and developmental disabilities ages 5 and over</p> |
| <p>Braverhood braverhood.org</p> | <p>718 336 6073</p> | <p>Provides help finding Independent Contract Brokers</p> |
| <p>Job Path jobpathnyc.org</p> | <p>212 944 0564 info@jobpathnyc.org alsmith@jobpathnyc.org</p> | <p>Job Path's Self-Direction program can serve as a Fiscal Intermediary, helping individuals choose how their Medicaid and State benefits are used Supports may include hiring staff, classes, rent support, respite care, and on-call care</p> |
| <p>The Center for Family Support cfsny.org</p> | <p>516 292 3000 ext. 402 917 696 4479 jsolis@cfsny.org cfsny.org/self-directed-services</p> | <p>Ages 5 and over</p> |
| <p>Quality Services for Autism Community (QSAC) qsac.com</p> | <p>718 728 8476 britney.hoobraj@qsac.com 718 728 8476 ext. 2091 Genesis.Rosado@qsac.com</p> | <p>Available for individuals diagnosed with autism spectrum disorder</p> |
| <p>YAI yai.org</p> | <p>212 273 6501 Lana.Small@yai.org</p> | <p>Support Broker and Fiscal Intermediary</p> |

Transportation

Non-medical transportation supports independence, community participation, and access to work, healthcare, and social activities for individuals and families

| Organizations | Contact Information | Services |
|--|--|---|
| NY State Institute on Disability, Inc. | Cell 917 747 942 jogrady@nysidinc.org | Transportation available for recreational activities and medical or clinical appointments Up to 4 trips per fiscal year Available to OPWDD eligible individuals with developmental disabilities who live at home with their families A family member must accompany the individual |
| Taconic Innovations Inc. taconicinnovations.com | 914 533 5592 | Non-Medical Transportation |
| YAI yai.org | 212 273 6233 Traveltraining@yai.org yai.org/traveltraining | Special Events transportation is available for groups of 10 or more attending arts and cultural events in the NYC area Wheelchair accessible transportation available |